

# WELCOME!

We are pleased that you have chosen our office for your healthcare needs. We provide all Primary Care services, including annual physicals, Pap smears, pre-op exams, adult immunizations and maintenance of chronic medical problems (to name a few...hypertension, heart, lung, brain, liver and kidney diseases, diabetes, thyroid disease, and skin disorders). As an Internal Medicine physician, Dr. Mai cares for patients over the age of 18 years. If you have any comments or suggestions, please feel free to express them to us.

Here are our general policies - **please** familiarize yourself with them as it will save a lot of time and frustration should one or more of these situations arise. Our membership patients (Direct Primary Care or Full Concierge) enjoy our practice without any of these fees!

**Office hours:** 8am to 5pm, Monday through Thursday. On Fridays 8am to 4:30 pm. Our office is open throughout the lunch hour for appointments but the phones are rolled over to an answering service. Physician hours may vary.

**Messages to the physician:** We attempt to answer all calls by the end of the day. Please let us know if your call is urgent and needs immediate attention. You may reach the doctor directly for non-urgent issues via e-mail by registering at [www.practicefusion.com](http://www.practicefusion.com). There may be a fee for this service. Do not e-mail and call in your message at the same time. This causes confusion and will further delay our response time.

**Telephone treatment:** For our patients who are too busy to come in, it is possible in some circumstances to prescribe over the phone. There is a **\$20 administrative charge** for this service as it involves the doctor taking time out of her schedule to address this immediately and staff time to coordinate treatment with the patient. To avoid this charge, you may come in for an appointment with the doctor.

**Medication refills:** Please contact your pharmacy to fax your request to **(949) 262-0700**. Refills take approximately 48-72 hours to process. There is a \$20 charge for rush / urgent prescription refills. You are responsible to know when you run low on pills and we do not keep track of this. You are welcome to come in for an appointment to refill medications. Do not request refills at the pharmacy and [www.patientfusion.com](http://www.patientfusion.com) at the same time; this will result in further delays.

**Test results:** Please **allow TWO weeks** after you have completed the test(s) to receive the results via US mail. If you are registered at [www.patientfusion.com](http://www.patientfusion.com) (e-mail), results will be posted in about ONE week. Do not call the office for results unless you have waited the TWO weeks. We will call you if there are concerning results. If you would like to discuss test results with the doctor directly, please make an appointment. The staff is not permitted to give out test results over the phone.

**Appointment Policy:** There is a **\$35 charge for missed appointments**. We make every effort to accommodate you for a same-day appointment if your problem is urgent. You will be seen by the doctor, but there may be extra waiting time. Please note that these appointments are not for add-on non-urgent problems. We do our best to stay on time. We cannot accommodate every patient who says, "By the way..." or "While I have your attention..." or "Can you *also* look at this and do that?" One day you could be that patient waiting on the other end! **Our cancellation policy is 24 hours.**

**Referrals:** For our HMO patients, referrals not processed at the time of the visit will be mailed to you by your insurance plan within TWO weeks. Please call our office if you do not receive the paperwork. For our PPO patients, it is your responsibility to know your benefits and when preauthorization is

needed for tests/procedures/referrals. We do not process retro-authorizations.

**Forms:** An administrative fee of \$35.00 will be assessed for every form that requires the doctors signature, exclusive of prescriptions and State of California disability forms. We will not release the form(s) until the fee is received. Forms include and are NOT limited to: prescription prior authorization forms, work/school/camp/sports/insurance physical forms, work/school time off notes, disability extension notes/forms, DMV forms, life/health/disability insurance forms, private/work disability forms, prescription assistance program forms, and any certificates of current medical status.

**Lost paperwork:** An administrative fee of \$20.00 will be assessed to replace all paperwork (test orders, letters, forms...) that you have misplaced.

**After hours:** A physician is ALWAYS on-call after hours and on weekends for URGENT MEDICAL ISSUES. You may page the doctor by calling our office at **(949) 262-9700**. Please contact our office prior to seeking care elsewhere whenever possible. HMO patients must have authorization PRIOR to going to urgent care or the emergency room. HMO patients may only use Hoag Hospital and certain designated urgent care centers, using other facilities will result in unexpected medical bills. Again, this policy applies 24 hrs/day, 365 days / year.

**Billing policy:** It is customary to pay all deductibles, co-insurance, and/or co-payments at the time of service. It is illegal for us to waive these charges. If your insurance cannot be verified at the time of service, you may reschedule your appointment or make full payment and a refund will be issued after the claim is billed and paid. It is your responsibility to know your benefits and bring proper valid documentation. We are unable to verify benefits due to time constraints; our billing company is off-site. Please review the FINANCIAL LIABILITY WAIVER for details.

**For life-threatening emergencies, call 9-1-1.**

**PLEASE FILL OUT AND SIGN THE BOTTOM:**

Name \_\_\_\_\_  Male  Female  
Date of Birth \_\_\_\_\_ Marital Status:  Single  Married  Divorced  Widowed  
Address \_\_\_\_\_ City / State / Zip \_\_\_\_\_  
Home / Cell Phone \_\_\_\_\_ Business Phone \_\_\_\_\_  
Email \_\_\_\_\_ Driver's License Number \_\_\_\_\_  
Social Security Number \_\_\_\_\_ Referred by \_\_\_\_\_  
Employer's Name \_\_\_\_\_  
Employer's Address \_\_\_\_\_

**RESPONSIBLE PARTY**  Check here if same as BEFORE

Check here if same as patient information and skip to insurance information

Name \_\_\_\_\_  Male  Female  
Address \_\_\_\_\_  
Home Phone \_\_\_\_\_ Business Phone \_\_\_\_\_  
Cellular Phone \_\_\_\_\_

**PRIMARY INSURANCE INFORMATION**  Check here if same as BEFORE

Name of Insurance Plan \_\_\_\_\_  HMO  POS  PPO  Other  
Insurance ID # \_\_\_\_\_ Group # \_\_\_\_\_  
Address \_\_\_\_\_ City / State / Zip \_\_\_\_\_  
Name of Insured \_\_\_\_\_ Employer \_\_\_\_\_  
Date of Birth of Insured \_\_\_\_\_ SSN of Insured \_\_\_\_\_  
Relationship to Patient:  Self  Spouse  Child  Parent  Other (specify) \_\_\_\_\_

**SECONDARY INSURANCE INFORMATION**  Check here if same as BEFORE

Name of Insurance Plan \_\_\_\_\_  HMO  POS  PPO  Other  
Insurance ID # \_\_\_\_\_ Group # \_\_\_\_\_  
Address \_\_\_\_\_ City / State / Zip \_\_\_\_\_  
Name of Insured \_\_\_\_\_ Employer \_\_\_\_\_  
DOB of Insured \_\_\_\_\_ SSN of Insured \_\_\_\_\_  
Relationship to Patient:  Self  Spouse  Child  Parent  Other (specify) \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**  Check here if same as BEFORE

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Phone Number \_\_\_\_\_ Can we tell this person what is wrong with you?  Yes  No

**DISCLOSURE – Please read carefully and sign.**

I hereby assign my insurance benefits to be made directly to the doctor and/or his/her associates, for services rendered. I hereby attest that the above insurance information is accurate and that I am an eligible member of the stated plan. I understand that I am responsible for knowing my benefits/coverage. I will be financially responsible for all charges that are NOT covered by my insurance company. I also agree to paying all co-payments, co-insurances and/or elective service fees at the time of service. If there are problems collecting payment, attorney's fees, collection agency costs and any related fees will be added to my bill.

I authorize the release of all information other physicians and insurance carriers upon request for the purpose of payment for medical services and further treatment of care by another physician. I further agree that a photocopy of this agreement shall be as valid as the original.

I hereby acknowledge that I have read, understand and agree to hereby give consent to assess, treat and test.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Patient  Parent  Child  Legal Guardian  Durable Power of Attorney  Other (specify) \_\_\_\_\_

# HEALTH QUESTIONNAIRE

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Email: \_\_\_\_\_ Mobile Number: \_\_\_\_\_  
 Reason for Visit: Pap / Physical / Other \_\_\_\_\_ Place of Birth: \_\_\_\_\_  
 Current prescription medications, vitamins or supplements: \_\_\_\_\_

Allergies: \_\_\_\_\_

## PAST MEDICAL HISTORY

Please check if **YOU** have or had the following:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Measles                        | <input type="checkbox"/> Asthma                       | <input type="checkbox"/> Heart attacks  |
| <input type="checkbox"/> Mumps                          | <input type="checkbox"/> Emphysema                    | <input type="checkbox"/> Rheumatic fever / heart disease  |
| <input type="checkbox"/> Chickenpox                     | <input type="checkbox"/> Strokes                      | <input type="checkbox"/> Sexually transmitted disease(s)  |
| <input type="checkbox"/> Birth defects                  | <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Tuberculosis   |
| <input type="checkbox"/> Cancer type: _____             |   |   |
| <input type="checkbox"/> Injuries                       | <input type="checkbox"/> Broken bones                 | details/date: _____   |
|   | <input type="checkbox"/> Head concussions or injuries | details/date: _____   |
| <input type="checkbox"/> Hospitalization(s) _____       |   |   |
| <input type="checkbox"/> Anesthesia                     | <input type="checkbox"/> Local                        | <input type="checkbox"/> Regional <input type="checkbox"/> General <input type="checkbox"/> Other / Unknown |
| <input type="checkbox"/> Operations _____               |   |   |
| <input type="checkbox"/> Car accident(s) date(s): _____ |   |   |
| <input type="checkbox"/> Other serious conditions _____ |   |   |

## FAMILY HISTORY

Please check if **any blood relative** has ever had:

- |  |  |
|--|--|
| <input type="checkbox"/> Breast cancer (who: _____)    | <input type="checkbox"/> Colon cancer (who: _____)                     |
| <input type="checkbox"/> Other cancers (_____)         | <input type="checkbox"/> Mental illness (anxiety / depression / other) |
| <input type="checkbox"/> Bleeding tendencies           | <input type="checkbox"/> Osteoarthritis / Gout                         |
| <input type="checkbox"/> Diabetes                      | <input type="checkbox"/> Seizures                                      |
| <input type="checkbox"/> Heart disease / heart attacks | <input type="checkbox"/> Strokes                                       |
| <input type="checkbox"/> High blood pressure           | <input type="checkbox"/> Tuberculosis                                  |
| <input type="checkbox"/> High cholesterol              | <input type="checkbox"/> Other _____                                   |

RELATIVE	IF LIVING		IF DECEASED	
	Age	Health	Age	Cause of Death
Father				
Mother				
Sibling(s) M/F				
M/F				
Spouse				
Children M/F				
M/F				

## SOCIAL HISTORY

Marital Status:  Single  Married  Separated  Divorced  Widowed  Other  
 Are you sexually active?  Yes  No If yes,  with males  with females  with both  
 Are you living with your spouse/partner?  Yes  No Is your sex life satisfactory?  Yes  No  
 Are there dependents at home?  Yes  No Children / Grandchildren / Other  
 Do you drink alcohol?  Yes  No Amount? \_\_\_\_\_  
 Do you smoke now?  Yes  No Amount? \_\_\_\_\_  
 Did you ever smoke?  Yes  No Amount / Quit date? \_\_\_\_\_  
 Do you use drugs?  Yes  No How much / often? \_\_\_\_\_  
 Do you have pets?  Yes  No Please list: \_\_\_\_\_  
 Do you exercise regularly?  Yes  No Do you have an advance directive?  Yes  No  
 Are you employed?  Full-time  Part-time  Unemployed Occupation: \_\_\_\_\_  
 Time lost due to health reasons: In past 6 mos? \_\_\_\_\_ past yr: \_\_\_\_\_ past 5 yrs: \_\_\_\_\_

**(OVER PLEASE)**

## REVIEW OF SYSTEMS

Please **CIRCLE** if you have any of the following **NOW**:

**GENERAL:** Fever Chills Weight loss Weight gain Fatigue Appetite change Insomnia

**SKIN:** Acne Jaundice Hives Eczema Psoriasis Rashes Boils Abnormal pigmentation

**HEAD/EYES/EARS/NOSE/THROAT:** Headaches Eye disease or injury Glasses Contacts

Double vision Blurry vision Glaucoma Itchy eyes Runny nose Sneezing

Nosebleeds Chronic sinus trouble Ear disease Poor hearing Dizziness

**NECK:** Stiffness Enlarged glands Thyroid trouble

**RESPIRATORY:** Frequent colds Spitting up blood Cough Asthma/Wheezing Emphysema

Difficulty breathing Shortness of breath Pain with breathing Pleurisy Pneumonia

**CVS:** Chest pain Shortness of breath at rest / with activity Awakening in night smothering

Difficulty walking two blocks Swelling of hands / feet / ankles High blood pressure

Heart murmur Valvular heart disease Palpitations

**DIGESTIVE SYSTEM:** Food sticks in throat Heartburn/Indigestion Ulcer Nausea Vomiting

Vomiting blood Gallbladder disease Liver trouble Hepatitis Cramping Gas/Bloating

Diarrhea Constipation Painful stools Hemorrhoids Bloody stools Black stools

**GYNECOLOGICAL:** Age periods started: \_\_\_\_ How long do periods last? \_\_\_\_\_

Frequency of periods: Every \_\_\_\_\_ days Painful periods PMS Menopause

Birth control \_\_\_\_\_ Hysterectomy (date / reason: \_\_\_\_\_)

Number of pregnancies \_\_\_\_\_ Number of abortions/miscarriages \_\_\_\_\_

Date of last period \_\_\_\_\_ Last Pap \_\_\_\_\_ Normal / Abnormal

Date of last mammogram \_\_\_\_\_ Normal / Abnormal

**GENITOURINARY:** Kidney stones Loss of urine Frequent urination Burning/painful urination

Blood in urine Vaginal / Urethral discharge Circumcised? Y / N Testicular pain / swelling

**MUSCULOSKELETAL:** Varicose veins Weakness of muscles or joints Difficulty walking

Pain or swelling of joints Back pain (where? \_\_\_\_\_ chronic? Y / N)

Scoliosis Pain in buttock/calves while walking, relieved with rest

**ENDOCRINE:** Thyroid disease Change in hat/glove size Hair loss Always hot / cold

Current wt \_\_\_\_\_ Current height \_\_\_\_\_ Dry skin Coarse hair

**HEMATOLOGIC:** Slow healing Easy bruising Anemia Phlebitis Blood Clots

**NEUROPSYCHIATRIC:** Lightheadedness Fainting spells Numbness Tingling Paralysis

Weakness Convulsions/Seizures Under a lot of stress Anxiety Depression Bipolar

Suicide Attempts Disinterest in usual activities Hopelessness Worthlessness

Poor concentration Anorexia Bulimia

**PREVENTIVE:** Last tetanus shot \_\_\_\_\_ Last flu shot \_\_\_\_\_

Last pneumonia shot \_\_\_\_\_ Last screen for colon cancer \_\_\_\_\_

Last shingles shot \_\_\_\_\_ Last prostate check / PSA \_\_\_\_\_

Name & number of your dentist \_\_\_\_\_

Patient's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

# TEST RESULTS NOTIFICATION

Dear Patient,

We will notify you of your test results, including X-rays, blood work, Pap smears, etc... This process takes approximately TWO weeks. If indicated, we will contact you *sooner* by telephone regarding the results and/or follow-up instructions.

Mammogram results will be mailed directly by the radiology office, we **WILL NOT** email or mail out these results.

HIV results can only be obtained by making a follow up visit with the doctor. We cannot email or mail these results. This complies with California State Law. There are no exceptions.

To obtain results, please register at [www.patientfusion.com](http://www.patientfusion.com) and set up a new account. We will email your results through this website. **WE DO NOT EMAIL TO YOUR PRIVATE EMAIL ACCOUNT!**

We will also mail out results to you if you do not register, however this may take **MORE TIME** and you will receive your results later.

Please wait **TWO (2)** weeks from the date of the test performed before you contact our office for the results. Our staff is not permitted to release any results by telephone.

If you would like to discuss your results, please make an appointment with this office.

\_\_\_\_\_ I authorize my physician and/or the staff to leave messages on my answering machine, voice mail, or with a family member.

Family member to exclude: \_\_\_\_\_

\_\_\_\_\_ I request that **NO** messages be left at any of my numbers. I take full responsibility to make a follow up visit with this office to obtain any of my results.

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

# FINANCIAL LIABILITY AGREEMENT

I understand that all co-payments, co-insurances and deductibles are due at the time of service. We do not accept a 'bill me later policy'. There are NO EXCEPTIONS.

I understand that if my insurance does not issue payment within 90 days of the date of service I will be financially responsible for the entire balance. I may pursue my insurance carrier at that time to render payment and once settled, if due, I will receive a refund for any overpayments.

I understand that it is my responsibility to inform this office of any changes in my insurance coverage. This office WILL NOT re-bill my insurance if I fail to keep the office updated with my most current insurance information. *We ask you at EVERY VISIT if there is any change, please keep us updated.*

I understand that this office DOES not verify benefits at the time of service. I am responsible for knowing my benefits and will be responsible for contacting my insurance carrier for details.

I understand that I will be financially responsible for all services rendered that are NOT covered by my insurance.

I understand that if I violate any terms of this FINANCIAL LIABILITY AGREEMENT I will be discharged from this practice and I will be financially responsible for any balance remaining on my account plus any associated collection and attorney fees.

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

## NOTICE OF PRIVACY PRACTICES

Effective: April 14, 2003

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE READ AND REVIEW IT CAREFULLY**

### OUR PLEDGE

The protection of our patients' privacy and the confidentiality of their medical information has always been important to us. We understand that you trust us to safeguard your personal information and respect your right to privacy. This notice represents our commitment to maintain the privacy of your protected health information and to inform you of our legal duties and privacy practices, as well as your rights, as required by California and federal law. We are legally required to provide you a copy of this notice and to follow the terms of this notice currently in effect.

### YOUR PERSONAL INFORMATION

We keep records of the medical care we provide you and we may receive similar records from others. We use this information so that we, or other health care providers, can render quality medical care, obtain payment for services and enable us to meet our professional and legal responsibilities to operate our medical practice. We may store this information in a chart and in our computers. This information makes up your medical record. The medical record is our property; however this notice explains how we use information about you and when we are allowed to share that information with others.

### OUR PRIVACY PRACTICES

It is our policy to maintain reasonable and feasible physical, electronic and process safeguards to restrict unauthorized access to and protect the availability and integrity of your health information.

Our protective measures may include secured office facilities, locked file cabinets, managed computer network systems and password protected accounts.

Access to health information is only granted on a "need-to-know" basis. Once the need is established the access is limited to the minimum necessary information to accomplish the intended purpose.

Our staff are required to comply with the policies and procedures designed to protect the confidentiality of your health information. Any staff that violate our privacy policy are subject to disciplinary action.

### HOW WE MAY USE OR SHARE YOUR INFORMATION

The following categories describe situations where the law allows us to use and share your health information. We give examples for each category that illustrate that type of use or disclosure. Not every use or disclosure is listed, but the ways in which we are legally permitted to use and share your health information will fall into one of these categories.

#### Treatment

We use medical information about you to provide your medical care. We disclose medical information to our employees and others who are involved in providing the care you need. For example, we may share your medical information with other physicians or other health care providers who will provide services which we do not provide. Or we may share this information with a pharmacist who needs it to dispense a prescription to you, or a laboratory that performs a test.

We may use and disclose medical information to contact and remind you about appointments. If you are not home, we may leave this information on your answering machine or in a message left with the person answering the phone.

We may use and disclose medical information about you by having you sign in when you arrive at our office. We may also call out your name when we are ready to see you.

#### Payment

We use and disclose medical information about you to obtain payment for the services we provide. For example, we give your health plan the information it requires before it will pay us. We may also disclose information to other healthcare providers to assist them in obtaining payment for services they provide you.

### Health Care Operations

We may use and disclose medical information about you to properly operate and manage our medical practice. For example, we may use and disclose this information to review and improve the quality of the care we provide, or the competence and qualifications of our professional staff. Or we may use and disclose this information to get your health plan to authorize services or referrals. We may also use and disclose this information as necessary for medical reviews, legal services and audits, including fraud, waste and abuse detection, compliance programs and business planning and management. We may also share your health information with our business associates, such as our billing service, that perform services for us. However we will not share your health information with them unless they agree in writing to protect the privacy of that information. Under California law all recipients of health care information are prohibited from re-disclosing it except as specifically required or permitted by law. We may also share your information with other providers, clearing houses or health plans that have a relationship with you, when they request this information to help them with their quality assessment and improvement activities, their efforts to improve health or reduce healthcare costs, their review of competence, qualifications and performance of health care professionals, their training programs, their accreditation, certification or licensing activities, or their health care fraud, waste and abuse detection and compliance efforts.

### Notifications

We may disclose information to someone who is involved with your care or helps pay for your care. We may disclose your health information to notify, or assist in notifying, a family member, your personal representative or another person responsible for your care about your location, your general condition or in the event of your death. In the event of a disaster, we may also disclose information to a relief organization so that they may coordinate these notification efforts.

### Marketing

We may contact you to give you information about products or services related to your treatment, case management or care coordination, or to direct or recommend other treatments or health-related benefits and services that may be of interest to you, or to provide you with small gifts. We may also encourage you to purchase a product or service when we see you.

### Research

Under certain circumstances, we may use and disclose medical information about you for research purposes. For example, a research project may involve comparing the health and recovery of all patients who received one medication to those who received another, for the same condition. All research projects, however, are subject to a special approval process.

### Special Circumstances and the Law

Special situations and certain laws may require us to use or release your health information. For example, we may be required to release your health information to others for the following reasons:

- Whenever we are required to do so by law; for example, to the extent your care is covered by Workers' Compensation, we will make periodic reports to your employer about your condition. We are also required by law to report cases of occupation related injury or illness to the employer or Workers' Compensation insurer.
- To report information to agencies that regulate our business, such as the U.S. Department of Health and Human Services and the California Department of Health and Managed Care.
- To assist with public health activities; for example, we may report health information to the Food and Drug Administration for the purpose of investigating or tracking a prescription drug and medical device malfunctions.
- To report information to public health agencies if we believe there is a serious threat to your health and safety or that of another person or the general public; this includes disaster relief efforts



- To report certain activities to health oversight agencies; for example, we may report activities involving audits, inspections, licensure and peer reviews
- To assist courts or administrative agencies; for example, we may provide information pursuant to a court order, search warrant or subpoena, or when required by the investigation of a duly authorized administrative agency
- To support law enforcement activities; for example, we may provide health information to law enforcement agents for the purpose of identifying or locating a fugitive, material witness or missing person
- To correctional institutions, law enforcement officials or military authorities that have you in their lawful custody
- To report information to a government authority regarding child abuse, neglect or domestic violence
- To share information with a coroner or medical examiner as authorized by law. We may also share information with funeral directors, as necessary to carry out their duties.
- To use or share information for procurement, banking or transplantation of organs, eyes or tissues
- To report information regarding job-related injuries as required by your state workers' compensation laws
- To share information related to specialized government functions, such as military and veterans activities, national security and counter-intelligence purposes, or in support of providing protective services for the President, foreign heads of state and other designated persons
- To a family member or friend under any of the following circumstances: (1) if you provide a verbal agreement to allow such a disclosure; (2) if you are given an opportunity to object to such a disclosure and you do not raise an objection; or (3) if it can be inferred from the circumstance, based on our professional judgment, that you would not object.
- In the event that our practice is sold or merged with another organization, your medical record will become the property of the new owner, although you will maintain the right to request that copies of your health information be transferred to another physician or medical group.
- We may use or share your health information when it has been "de-identified." Health information is considered de-identified when it has been processed in such a way that it can no longer personally identify you.
- We may also use a "limited data set" that does not contain any information that can directly identify you. This limited data set may only be used for the purposes of research, public health matters or health care operations. For example, a limited data set may include your city, county and zip code, but not your name or street address.
- Request confidential communications of health information. For example, you may ask that we send information to your work address. We will accommodate all reasonable requests submitted in writing;
- Inspect and copy your health information, with limited exceptions. To access your record, you must submit a written request detailing what information you want access to and whether you want to inspect it or get a copy of it. We may charge you a reasonable fee for copies as allowed by law. Under certain circumstances we may deny your request. If we do deny your request, we will notify you in writing and may provide you the opportunity to have the denial reviewed;
- Request an amendment to your health information that you believe is incorrect or incomplete. We may require your request be in writing and that you provide a reason for the request. If we make the amendment, we will notify you. If we deny your request, we will notify you of the reason in writing. This written notification will explain your right to file a written statement of disagreement. In return, we have a right to rebut your statement. Furthermore, you have the right to request that your initial written request, our written denial and your statement of disagreement be included with your health information for any future disclosures;
- Receive an accounting of certain disclosures of your health information made by us during the six years prior to your request. We may require that your request be in writing. Your first accounting is free. Subsequently, you are allowed one free accounting request every 12 months. If you request an additional accounting within 12 months of receiving your free accounting, we may charge you a fee. Please note that we are not required to provide you with an accounting for any information:
  - Disclosed prior to April 14, 2003;
  - Shared for treatment, payment or health care operations as described above;
  - Previously disclosed to you;
  - Shared as part of an authorization request;
  - Incidental to a use or disclosure that is otherwise permitted;
  - Provided for use in a facility directory;
  - Provided to persons involved in your care or for other notification purposes;
  - Shared for national security or counter-intelligence purposes;
  - Shared or used as part of a limited data set for research, public health or health care operations purposes;
  - Disclosed to correctional institutions, law enforcement officials, military authorities, or health oversight agencies.

#### YOUR WRITTEN PERMISSION

Except as described in this Notice of Privacy Practices, or as otherwise permitted by law, we must obtain your written permission – called an authorization – prior to using or sharing health information that identifies you as an individual. If you provide an authorization and then change your mind, you may revoke your authorization in writing at any time.

Once an authorization has been revoked, we will no longer use or share your health information as outlined in the authorization form; however you should be aware that we won't be able to retract a use or disclosure that was previously made in good faith based on what was then a valid authorization from you.

Except as specified above, under California law we may not share your health information with your employer or benefit plan unless you provide us an authorization to do so.

#### OTHER RESTRICTIONS

In California there may be additional laws regarding the use and disclosure of health information related to HIV status, communicable diseases, reproductive health, genetic test results, substance abuse, mental health and mental retardation. Generally we will be bound by whatever law is more stringent and provides more protection for your privacy.

#### YOUR RIGHTS

The following are your rights with respect to your health information. You have the right to:

- Ask us to restrict how we use or share your health information for treatment, payment or health care operations. You also have the right to ask us to restrict health information that we have been asked to give to family members or to others who are involved in your health care or payment for your health care. Please note that while we will try to honor your requests, we are not required by law to agree to these types of restrictions;

#### CHANGES

Should any of our privacy practices change, we reserve the right to change the terms of this notice and to make the new notice effective for all the health information that we maintain, regardless of when it was created or received. We will provide you a copy of the revised notice and will post it publicly as required by law.

#### QUESTIONS OR COMPLAINTS

If you have any questions regarding this notice of privacy practices, if you require additional information, or you believe your privacy rights have been violated, please contact our Privacy Officer at:

4950 Barranca Parkway, Suite 207  
Irvine, CA 92604  
(949) 262-9700

No action will be taken against you and you will not be penalized in any way for filing a complaint with us.

If you prefer, you may direct your complaints to the Secretary of the United States Department of Health and Human Services.

**Ann L. Mai, M.D. and J. Stephen Wikle, M.D.**  
***Internal Medicine***  
**4950 Barranca Parkway, Suite 207**  
**Irvine, California 92604**  
**Phone (949) 262-9700 – (949) 262-0700 Fax**

**Acknowledgement of Receipt of Notice of Privacy Practices**

Privacy Officer: Michelle Eibl (949) 262-9700

Effective Date: April 14, 2003

Name of Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

I hereby acknowledge that I received a copy of the Notice of Privacy Practices for the above physicians. I further acknowledge that a copy of the current notice is posted in the reception area and that any amended Notice of Privacy Practices will be made available at my next appointment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

If not signed by the patient, please indicate relationship:

- parent or guardian of a minor patient
- guardian or conservator of an incompetent patient
- beneficiary or personal representative of deceased patient

XX

**Notice of Privacy Practices Acknowledgement Tracking Information**

Complete the following only if the patient *refuses* to sign the Acknowledgement:

Efforts to Obtain: \_\_\_\_\_

Reasons for Refusal: \_\_\_\_\_

\_\_\_\_\_

Employee Name: \_\_\_\_\_